

# Adherence Activity Data Sheet for Protocol 2



Last Name \_\_\_\_\_ First Name \_\_\_\_\_

School Name \_\_\_\_\_

## Plan your schedule

Put an "X" in a box to mark the time of the day you plan to take your "medicine."

Drug Name	AM												PM												AM		
	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2						
<b>Truvada (citrus twist tic tac):</b> Take or discard one tablet once a day with or without food.																											
<b>Reyataz (orange tic tac):</b> Take or discard <b>two</b> tablets once a day with food.																											
<b>Norvir (wintergreen tic tac):</b> Take or discard one tablet once a day with Reyataz.																											

## Track your adherence by recording when you take your "medicine"

Each time you take a dose, write down the time in the appropriate box for each drug. If you forget to take a dose at the scheduled time, take it as soon as you remember, unless you are scheduled to take your next dose in 12 hours or less. If so, skip the dose, and record it as missed. In either case, take the next scheduled dose at its regular time.

	Truvada (citrus twist tic tac)	Reyataz (orange tic tac)	Norvir (wintergreen tic tac)
	Time drug taken		
Day 1			
Day 2			
Day 3			
Day 4			
Day 5			
Day 6			
Day 7			
Day 8			
Day 9			
Day 10			

Contact your teacher or program director about how to submit your data.

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