

# Adherence Activity Data Sheet for Protocol I



Last Name \_\_\_\_\_ First Name \_\_\_\_\_

School Name \_\_\_\_\_

## Plan your schedule

Put an "X" in a box to mark the times of the day you plan to take your "medicine."

Drug Name	AM						PM						AM								
	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2
<b>Fuzeon (Kool-Aid):</b> Mix a packet with 8 oz of water, let stand for 10 minutes, and then drink or discard it. Take every 12 hours.																					
<b>Kaletra (spearmints tic tac):</b> Take or discard one tablet every 12 hours.																					
<b>Combivir (cinnamon tic tac):</b> Take or discard one tablet every 12 hours.																					

## Track your adherence by recording when you take your "medicine"

Each time you take a dose, write down the time in the appropriate box for each drug. If you forget to take a dose at the scheduled time, take it as soon as you remember, unless you are scheduled to take your next dose in 6 hours or less. If so, skip the dose, and record it as missed. In either case, take the next scheduled dose at its regular time.

	Fuzeon (Kool-Aid)	Kaletra (spearmints tic tac)	Combivir (cinnamon tic tac)	Fuzeon (Kool-Aid)	Kaletra (spearmints tic tac)	Combivir (cinnamon tic tac)
	Times drug taken (AM)			Time drug taken (PM)		
Day 1						
Day 2						
Day 3						
Day 4						
Day 5						
Day 6						
Day 7						
Day 8						
Day 9						
Day 10						

Contact your teacher or program director about how to submit your data.

Kool-Aid® is a registered trademark of the Kraft Foods Company; tic tac® is a registered trademark of Ferrero; Fuzeon® is a registered trademark of Roche Laboratories Inc. and Trimeris, Inc.; Kaletra® is a registered trademark of Abbott Laboratories; Combivir® is a registered trademark of GlaxoSmithKline.